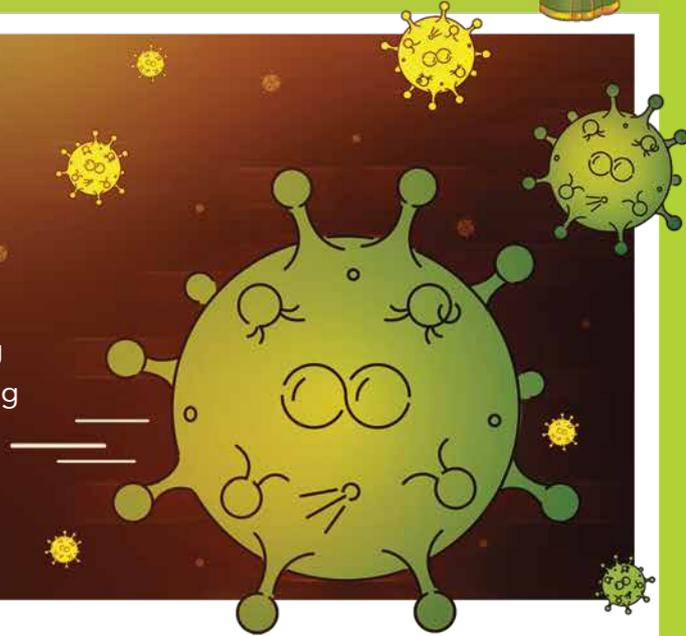




## COVID 19

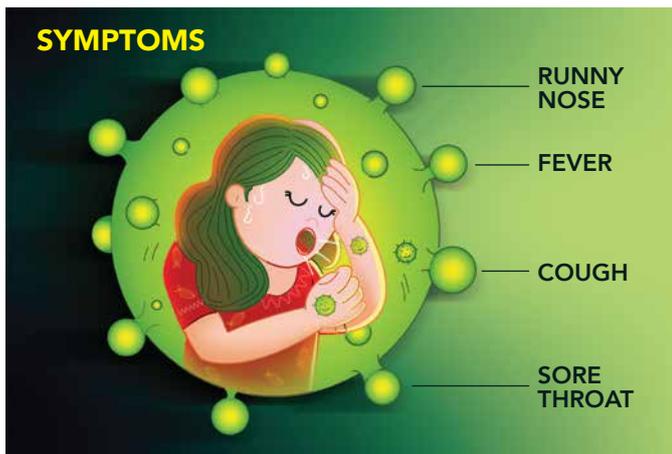
Corona virus disease (COVID-19) is an infectious disease caused by a newly discovered coronavirus. Most people infected with the COVID-19 virus will experience mild to moderate respiratory illness and recover without requiring special treatment. Older people, and those with underlying medical conditions like cardiovascular disease, diabetes, chronic respiratory disease, and cancer are more likely to develop serious illness.



### HOW IT SPREADS

Novel Corona Virus first spread to humans from an animal – thought to be the bats from the seafood wholesale market of Wuhan. The virus transmitted between humans through droplets from coughing, sneezing, & touching or shaking hands.

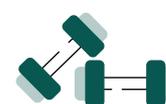
### SYMPTOMS



### HOW IT KILLS

Most victims of this virus die from complications including pneumonia and swelling in the lungs. The virus also causes swelling in the respiratory system which makes it hard for the lungs to pass oxygen into the bloodstream, leading to organ failure & death.

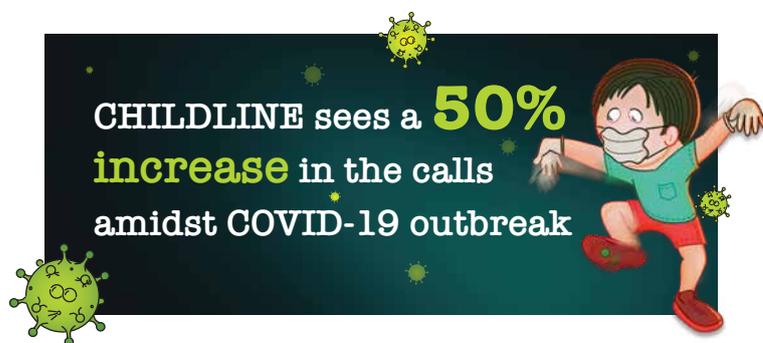
## 7 Ways to Combat Covid 19 Pandemic



Exercise Everyday to Boost Immunity



#indiafightscorna



CHILDLINE 1098, an emergency, toll-free, helpline for children has been functioning 24X7 without any disruption throughout the lockdown. Apart from handling the regular categories of calls, CHILDLINE 1098 is currently experiencing calls of two categories; one related to information on Corona virus whereas the other calls are of children suspected of contacting the virus or quarantined for the same. CHILDLINE has seen a rise in call volumes by 50% compared to their average regular calls. CHILDLINE has received 3 lakh calls in a week since the lockdown has commenced. On a daily basis, CHILDLINE call centre officers attend 300-400 calls, seeking information or guidance related to Corona Virus among which 7-10 calls are

from children who are symptomatic or suspected of the Corona Virus or quarantined children fearing the same.

In spite of challenges such as personal safety, transportation and food CHILDLINE's call centre officers and on ground rescue teams have been constantly responding to calls from children on 1098 helpline number taking all safety precautions possible in these exceptional scenarios.

Currently, CHILDLINE's response team has had an increased liaison with local district administration and health department to address the issues faced by the children and their families. Which in quite a few cases go beyond their mandate to ensure that children and their safety, security and health is kept at priority.

*Resources and information on Covid-19:*

<https://www.childlineindia.org/a/covid19>

*#indiafightscorna fundraiser campaigns | CHILDLINE India foundation*

<https://www.childlineindia.org/a/fc/168477>

## COVID 19 – CHILDLINE 1098 Emergency Response

CHILDLINE 1098, India's first and only 24-hour, toll- free, emergency helpline for children in distress is functioning round the clock during the lockdown period announced by the Government. The on ground rescue team is working persistently to spread awareness about the Corona virus, providing emergency relief supplies, hygiene kits, ration & food packets and other precautionary resources to the children and the needy across the country.

### NORTH ZONE



Awareness session about COVID-19 pandemic in Himachal Pradesh



Awareness session on importance of social distancing during corona virus pandemic Gurdaspur, Punjab



Distributing meals to children in Delhi



Distribution of relief materials to the needy in Delhi



Sharing information about corona virus and importance of social distancing, Poonch, J&K



Distribution of food items and relief materials to families residing near railway tracks, Firozabad, UP

## SOUTH ZONE



Awareness session on COVID-19 in co-ordination with DLSA, Koppal, Karnataka



Awareness session on importance of social distancing & hygiene for children in Srikakulum, Andhra Pradesh



Bengaluru rural team providing water to women and children in villages



Distribution of masks and food items to children of migrant workers in Srikakulum, Andhra Pradesh



Providing nutrition mix to tribal children in Kodai, Tamil Nadu



Sharing information about COVID-19 in Mandya district, Karnataka

## WEST ZONE



CHILDLINE Ballarsha team distributes ration to the needy in Ballarpur, Maharashtra



CHILDLINE distributes food grains in Chindhwara, Madhya Pradesh



CHILDLINE Nasik, Maharashtra equipped with sanitizers and thermometers



Distribution of groceries among the needy in Dhule, Maharashtra



Groceries distributed along with His Grace Archbishop to the slum dwellers in Gandhinagar, Gujarat



Outreach activity about COVID 19 among the villagers of Dholar, Narmada district, Gujarat

## EAST ZONE



CHILDLINE Korba team during COVID-19 awareness session in Chhattisgarh



Distributing cooked meals to the needy in Cuttack, Odisha



Preparing and distributing masks in Bhojpur, Bihar



Session on importance of social distancing by CHILDLINE Kabirdham, Chhattisgarh

## THE COVID 19 COMBAT STORIES



### Impact Stories that's making them CHILDLINE Superheroes

These are the real changemakers who are dedicating their lives to educate and spread awareness about the novel Corona virus among the communities to fight it collectively. We at CHILDLINE are proud and happy to share their small stories of impact. These mini stories are so intriguing, that it is inviting us all to join the campaign to combat Corona Virus, together!

In an attempt to control the spread of the Coronavirus, the Government of India has announced a complete lockdown. While this precautionary measure is helpful in controlling the spread of this contagious virus, it has led to the rise of major crises for daily wage earners and migrant workers.

They are the worst sufferers of the side effects caused by this lockdown. They usually live hand-to-mouth and without their daily earnings, they are barely able to provide for their family. Currently, most of the daily wage earners and migrant workers are out of jobs. It has become extremely difficult for them to feed their family.

CHILDLINE 1098 received a call from a helpless father whose three children have been starving for 3 days. Hailing from Gorakhpur, Uttar Pradesh, Prashant Sinha (name changed to protect identity) came to Vapi, Gujarat nine years ago to work in a tailoring company. Five months ago, he brought his 3 children, Samir age 11 years, Akash age 6 years and Vikram 4 years old (names changed to protect identity) to his residence in Vapi-Valsad.

During the initial days, of the Corona Virus outbreak, the factory owner gave the father some money and necessities. But soon they ran out of resources and the money. The CHILDLINE team member working on this case coordinated with the district administration authorities to arrange for ration and food items for the family.

## When going gets tough, the tough get going

Thousands of children go missing each year. Children go missing due to a number of possible reasons such as abduction or kidnapping, trafficking, lost children, running away from home due to conflict with family or living in a difficult and aggressive environment. Large numbers of missing children end up on the streets in acute poverty, unlawful activities, easily exploited. In the year 2018-2019, CHILDLINE received approximately 32,000 cases of missing and runaway children each.

CHILDLINE 1098 is 24X7, emergency, toll-free helpline for children who are in distress. The CHILDLINE ground level rescue teams ensure that every child is safe and secure even in tough situations. CHILDLINE 1098 has safely restored a missing child with his parents during the lockdown of the Corona Virus pandemic. One day before the lockdown began; CHILDLINE 1098 received a call reporting a missing child who was unable to speak and was at Delhi Gate, Ghaziabad, UP. The team members immediately rushed to the location and found the child, Rohan (name changed to protect identity), 17, alone.

Since the child was unable to communicate, CHILDLINE took the child to the Ghaziabad police station. Even the police could not get any information from him. As per protocol, the child was produced before the Child Welfare Committee (CWC). Though the child was supposed to be sent to the shelter home in Bijnor, UP, the chairperson decided that the boy should be quarantined at a hospital as a preventive measure due to Corona Virus pandemic.

Since the boy did not show any symptoms, the doctor at the MMG hospital, Ghaziabad was not keen to quarantine the child. However, post continuous persuasion from CHILDLINE, the boy was quarantined at the hospital. While the child was in quarantine, the CHILDLINE team member remained with the child and managed to get the contact details of the child's family and inform them. The child's family managed to reach Ghaziabad, despite the limited transport facility. After the due diligence process was completed, Rohan was reunited with his family.



Visit [www.childlineindia.org](http://www.childlineindia.org) for more on how you could contribute and be part of this Corona Combat Mission

## Turn This Lockdown Into **FAMILY BONDING TIME**



Online conference calls, working lunches, presentations from the living room has become a daily norm for working parents during the lockdown. While parents are constantly juggling between office work and household work, children are struggling to keep themselves engaged in confinement at home. The complete lockdown has drastically changed their schedules, curbed their play-time with their friends and restricted their movements. Parents can create some memorable moments for their children by turning the lockdown time into family bonding time. Engaging children with activities like,

- **COOKING TOGETHER**

Look through recipe books and websites with your children and take their opinion to select the right one. Give them age-appropriate tasks like measuring the ingredients, turning off the stove, etc. Keep tasting food together. Cooking together is a great way of bonding and developing a new skill.

- **FAMILY GAME-TIME**

Playing board games, cards, solving a puzzle together or setting up a treasure hunt is a perfect way to spend some quality time with children. It will keep your kids occupied for a few hours and help you unwind after a hard day's work.

- **STORYTELLING SESSION**

Switching off from the digital world and telling a story or reading a book to your child is one of the best ways to keep your child engaged. It will help in inculcating the habit of reading in your children. You can make the storytelling session fun and entertaining by reading out loud, emoting words, enacting a few scenes from the book, etc.

- **NURTURE A HOBBY**

Let your children explore their creative side with drawing, painting, singing together and dancing. You can also engage your child in making creative and useful items out of old newspapers or things that are no longer in use. This is the best way to bring out your child's hidden talents.

Children tend to miss their friends the most during the lockdown. Therefore, allowing children to video call their friends once in a while will keep them happy and engaged. For more ideas to keep children occupied in lockdown visit, <https://www.childlineindia.org/a/covid19>. We have links to regional language content as well.

\*As a parent, please monitor your child's online presence and follow cyber safety rules for children.